



# 1-2-3 MAGIC & EMOTION COACHING PARENT COURSE

*Learn to manage behaviour in children 2-12 years old*

A two-session program for parents and carers

at **John Paul II Catholic Primary School**

9:00 am – 10.30 am Tuesdays 24 and 31 May 2016

## Learn:

- ✓ How to manage behaviour without arguing, yelling or smacking
- ✓ How to sort behaviour
- ✓ How to handle challenging and testing behaviours
- ✓ Choosing your strategy, the three choices
- ✓ Using emotion coaching to encourage good behaviour

Register for this course by contacting Bronte or Anne on **62477104**

## What people are saying...

*What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!*

*I realised quickly that 1-2-3 Magic and Emotion Coaching can be a magnificent preventative measure that any parent can use to avoid raising a child, who later down the line, needs excessive discipline or grows out of control.*

## Who is running it?

The presenter for this course is Gai Bath who has completed Parentshop's 1-2-3 Magic & Emotion Coaching practitioner training. Gai is our School Counsellor at John Paul II.

• An end to the arguing and yelling! • It saved our lives • Simple, sane, effective

This course is being run by a Parentshop® licensed practitioner. [www.parentshop.com.au](http://www.parentshop.com.au)



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